Connect your child or teen to virtual mental health support

With Hazel Health, your child can get the mental health support they need, at school or at home, at no cost to you.

**Virtual sessions with licensed therapists**

1. **Sign up**
   Give permission for your child or teen to see a Hazel therapist

2. **Therapy referral**
   Either you or a school staff member refers your child to therapy by contacting Hazel

3. **First therapy session**
   Hazel matches your child with a therapist and schedules an appointment

4. **Weekly therapy sessions**
   Over video, the therapist helps your child cope with what they’re feeling

5. **Therapy completion**
   Your child has achieved their therapy goals and is discharged from the therapy program

6. **Care coordination**
   If needed, Hazel helps connect your family with long-term mental health services in your community

Learn more and consent for services my.hazel.co/newtoncountyschools
Request a therapy appointment for your child by calling Hazel Health at 800-764-2935